Summary: De Bono's (1985) Six Thinking Hats

	WHITE – Concerned with objective facts & figures.
	RED – Gives the emotional view.
	BLACK – Cautious & careful. Points out the
	weaknesses in an idea.

YELLOW – Optimistic & hopeful. Positive thinking.

GREEN – Indicates creativity and new ideas.

BLUE – Concerned with control, the organization of the thinking process, and the use of the other hats.

Hat	Questions to Consider	Tips on Using this Hat
	 What info do we have? What info do we need? What info is missing? What questions do we need to ask? How will we get the info we need? 	 Just provide the facts in a neutral and objective manner. Don't interpret them or offer opinions. (Pretend you're a computer.) Distinguish between checked facts and unchecked facts. If a particular unchecked fact is especially relevant, check it before proceeding. Use this hat toward the beginning of a thinking session to provide background.
	 How do you feel about this? What's your gut reaction? What are your impressions? What different emotions are evoked? 	 If a topic is emotionally charged, consider starting with the red hat so people can get their feelings off their chests. Consider ending with a final red hat to reflect on the session (e.g., How do we feel about this meeting? Are we happy with the outcome?) Don't explain or justify your feelings. Explanations/analyses are not red. Every person should quickly provide his/her red hat reaction. No "passing" allowed. (Say "neutral" if that's how you feel.) Remember that intuition can be wrong.
	 What are the weaknesses of this idea / approach? What obstacles are likely? What are the risks? Are there any errors in our thinking? 	 Beware of overusing the black hat. Don't let black hat thinking degenerate into argument. Black hat thinking should always be logical. If it's not, you're actually dealing with red hat thinking.

Hat	Questions to Consider	Tips on Using this Hat
	 What are the potential benefits of this idea / approach? What is the value in this? What's the best possible scenario? 	 In an assessment situation, put the yellow hat before the black hat. If you can't find much value to an idea, there's no point proceeding with further analysis. Yellow hat thinking is a deliberate search for the positive aspects, not just saying nice things. Yellow hat thinking does not mean ignoring reality. Look for logical support for the positive possibilities.
	 What are the different alternatives here? What non-obvious solutions have we overlooked? How can we improve or combine our current ideas to add more value? 	 Use the green hat to find ways to cope with the difficulties uncovered by black hat thinking. Use "thought experiments", outside stimuli, "provocations", lateral thinking, and other techniques to prompt creative new ideas. Give people time to brainstorm on their own before brainstorming as a group. Make it safe to use the green hat.
	 What's the best way to proceed in considering this issue? What's the purpose of this discussion? What outcome are we looking for? How should we define the problem / issue? What criteria should we use for evaluating our ideas? What questions do we need to be asking ourselves? What other colored hats do we need to apply to this? 	 Always use the blue hat both at the beginning and at the end of a session. Use it at the beginning to clarify the problem/purpose, to set goals, and to clarify process. Use it at the end to summarize, draw conclusions, and lay out next steps. The facilitator is always wearing the blue hat. Blue hat thinking should be used to determine which other hats are needed and when.

Some "hat language" for you and your group:

- "Can we stop and apply a little 'blue hat' thinking here? It feels like we're getting off track."
- o "We're talking about 'white hat' facts right now, but what you've just mentioned sounds like a 'red hat' issue. Let's put that in the parking lot and come back to it."
- "As the facilitator, I'll be wearing the 'blue hat' throughout today's discussion. But anyone is welcome to request an explicit 'blue hat' process conversation whenever they feel it's needed."
- o "I suggest we do some 'red hat' thinking first to clear the air. What different feelings does this proposal prompt for us?"
- o "Sam, I've noticed you keep putting on the 'black hat' during our discussion. Those are important thoughts, but we *all* need to be wearing *each* of the hats in order to come up with the best solution. Can you put the 'black hat' aside until the designated time?"